

OUR FAMILY CONFLICT PROCESS

Conflict Rules

_____	_____
_____	_____
_____	_____

Conflict Framework

Trigger Question: _____

State the Issue

Give a Summary

Clarity Questions to Ask:

- _____
- _____
- _____
- _____

Is there anything else you want to share?

Repeat the process with the other person.

Restoration

- What do I need to change?
- Ask for forgiveness.

For Our Family

Add your notes here for key principles, goals, or other perspective needed to shape your conflict process approach.